

# Nutritional Price Book

20% off Retail



mariasyoga.googlepages.com  
 mariamindbodyhealth@gmail.com

(612) 802-3814

Sleep Support				
Item #	Item Description	Size	Uom	Price
0155	TRUE CALM(TM) AMINO RELAXER 90 CAPS	90	CAPS	\$ 11.19
1292	MAGNESIUM CITRATE 200mg 250 TABS	250	TABS	\$ 15.99
3255	MELATONIN 3mg 60 CAPS	60	CAPS	\$ 4.39
3257	MELATONIN 3mg 180 CAPS	180	CAPS	\$ 10.55
3258	MELATONIN 3mg 90 LOZ	90	LOZ	\$ 5.72
Muscle Building				
Item #	Item Description	Size	Uom	Price
2030	CREATINE POWDER (227 gm) 8 OZ	8	OZ	\$ 9.59
2031	CREATINE POWDER 21.3 OZ 600 GRM	21.3	GM	\$ 15.99
2032	CREATINE POWDER PURE 2.2 LBS 1 KG	1	KG	\$ 23.99
2035	CREATINE 750mg 120 CAPS	120	CAPS	\$ 10.36
2038	CREATINE MICRONIZED 600 G (1.3 LBS)	1	LB	\$ 18.39
2039	CREATINE 1500mg 100 TABS	100	TABS	\$ 11.16
2041	CREATINE 1500mg 250 TABS	250	TABS	\$ 22.36
Anti-Aging				
Item #	Item Description	Size	Uom	Price
4805	ACAI PLUS JUICE BLEND 32 OZ	32	OZ	\$ 17.59
3339	NATURAL RESVERATROL 60 VCAPS	60	VCAPS	\$ 17.59
3353	MEGA RESVERATROL 200MG 60 VCAPS	60	VCAPS	\$ 26.39
3324	POMERATROL(TM) 60 VCAPS	60	VCAPS	\$ 14.95
Weight Loss Support				
Item #	Item Description	Size	Uom	Price
0070	CARNITINE 500mg 30 CAPS	30	CAPS	\$ 11.19
0072	CARNITINE 500mg 60 CAPS	60	CAPS	\$ 20.79
0073	CARNITINE (L) 500mg 180 CAPS	180	CAPS	\$ 47.99
0074	CARNITINE 500mg 60 TABS	60	TABS	\$ 20.79
0089	GABA 750mg 100 VCAPS	100	VCAPS	\$ 14.39
0097	5-HTP 50mg 30 CAPS	30	CAPS	\$ 6.39
0099	5-HTP 50mg 90 CAPS	90	CAPS	\$ 14.39
0101	5-HTP 50mg 180 CAPS	180	CAPS	\$ 27.19
0105	5-HTP 100mg 60 VCAPS	60	VCAPS	\$ 15.99
0106	5-HTP 100mg 120 VCAPS	120	VCAPS	\$ 28.79
0108	5-HTP 200mg + TYROSINE 60 VCAPS	60	VCAPS	\$ 27.19
0135	SAM-E 100mg 30 TABS	30	TABS	\$ 13.59
0459	INSTANT ENERGY B-12 2000MCG 100 LOZ	100	LOZ	\$ 9.59
1434	SUPER CITRIMAX(R) PLUS 750mg 90 CAPS	90	CAPS	\$ 15.19
1436	SUPER CITRIMAX(R) PLUS 750mg 180 CAPS	180	CAPS	\$ 28.79
2103	LIPO TRIM 60 TABS	60	TABS	\$ 9.59

Item #	Item Description	Size	Uom	Price
2105	LIPO TRIM 120 TABS	120	TABS	\$ 15.99
3010	7-KETO(R) 25mg 90 VCAPS	90	CAPS	\$ 17.59
3012	7-KETO(R) 100MG 30VCAPS	30	VCAPS	\$ 17.59
3013	7-KETO(R) 100MG 60VCAPS	60	VCAPS	\$ 31.99
3163	CoQ10 60mg with Omega-3 60 SGELS	60	SGELS	\$ 18.39
3166	CoQ10 60mg with Omega-3 120 SGELS	120	SGELS	\$ 33.59
3167	CoQ10 60mg with Omega-3 240 SGELS	240	SGELS	\$ 62.39
3176	CoQ10 200mg 60 VCAPS	60	VCAPS	\$ 35.99
3199	CoQ10 400mg 30 SGELS	30	SGELS	\$ 35.99
3182	CoQ10 600mg 60 SGELS	60	SGELS	\$ 79.99
3306	DIET SUPPORT 60 CAPS	60	CAPS	\$ 13.59
3307	DIET SUPPORT 120 CAPS	120	CAPS	\$ 24.79
3368	THYROID ENERGY(TM) 90 VCAPS	90	VCAPS	\$ 14.39
3326	ENERGY - METABOLIC DIET 90 CAPS	90	CAPS	\$ 12.79
3331	ENERGY - TWINPACK 2/90 CAPS	90	TWIN	\$ 20.79
3333	MEGA HOODIA 250MG CONCENTRATE 60 VCAPS	60	VCAPS	\$ 17.59
3335	MEGA HOODIA 250MG 120 VCAPS	120	VCAPS	\$ 31.99
3337	TRU HOODIA COMPLEX(TM) 120 VCAPS	120	VCAPS	\$ 31.99
3327	AWE-SLIM(TM) LIQUID DIET 32 OZ	32	OZ	\$ 23.99

Nutritional Support

Item #	Item Description	Size	Uom	Price
0365	Vit D-3 1000iu - 180 SGELS	180	SGELS	\$ 7.19
0485	PABA 500mg 100 CAPS	100	CAPS	\$ 7.19
0464	B-12,LIQUID B-COMPLEX 2 OZ	2	OZ	\$ 8.99
1650	OMEGA-3 1000mg 100 SGELS	100	SGELS	\$ 7.19
1652	Omega-3 1000mg 200 SGELS	200	SGELS	\$ 13.99
2918	PROBIOTIC DEFENSE(TM) 90 VCAPS	90	VCAPS	\$ 23.99
30870	LIQUID B-COMPLEX 2/1OZ	2	OZ	\$ 9.59
3787	ECO-GREEN MULTI 90 VCAPS	90	VCAPS	\$ 12.79
3795	EVE(TM) WOMAN'S MULTI VIT *** 30 TABS	30	TABS	\$ 7.19
3796	EVE(TM) WOMAN'S MULTI VIT 90 TABS	90	TABS	\$ 15.99
3797	EVE(TM) WOMAN'S MULTI VIT 180 TABS	180	TABS	\$ 29.59
3806	PRE-NATAL 120 CAPS	120	CAPS	\$ 13.59
3808	PRE-NATAL 240 CAPS	240	CAPS	\$ 23.99
3875	ADAM(TM) MALE MULTI 60 TABS	60	TABS	\$ 14.39
3876	ADAM(TM) MALE MULTI 120 TABS	120	TABS	\$ 27.19
3344	SUPER CORTISOL SUPPORT 90 VCAPS	90	VCAPS	\$ 23.99
3325	MENOPAUSE SUPPORT 90 CAPS	90	CAPS	\$ 12.79
3816	LIQUID MULTI SOFTGELS with Omega-3 60 SGELS	60	SGELS	\$ 12.79
3817	LIQUID MULTI SOFTGELS with Omega-3 180 SGELS	180	SGELS	\$ 29.59
3882	KID VITS™ - BERRY BLAST 120TABS	120	TABS	\$ 10.39
3883	KID VITS(TM) - ORANGE SPLASH 120 TABS	120	TABS	\$ 10.39
4705	GREEN TEA EXTRACT 400mg 60% 100 CAPS	100	CAPS	\$ 8.79
4706	GREEN TEA EXTRACT 400 mg 250 CAPS	250	CAPS	\$ 17.59

Joint Support

Item #	Item Description	Size	Uom	Price
3283	GLUC/MSM/ARNICA LOTION 8 OZ	8	OZ	\$ 11.99
3121	D-FLAME(TM) COX-2 90 VCAPS	90	VCAPS	\$ 15.99
3126	GLUCOS/CHOND 3/DAY 400mg 90 TABS	90	TABS	\$ 19.19
3127	GLUCOS/CHOND 3/DAY 400mg 180 TABS	180	TABS	\$ 35.19
3175	LIQ GLUCOS/CHONDROITIN 16 OZ	16	OZ	\$ 15.99
3177	LIQ GLUCOS/CHONDROITIN 32 OZ	32	OZ	\$ 28.79
3242	GLUCOS & CHOND 2X 750/600mg 60 TABS	60	TABS	\$ 19.16
3243	GLUCOS & CHOND 2X 750/600mg 120 TABS	120	TABS	\$ 31.96
3244	GLUCOS & CHOND 2X 750/600mg 240 TABS	240	TABS	\$ 58.36
3247	GLUCOS/CHOND 2X 750/600mg TWIN 2/60 TABS	60	TWIN	\$ 31.94
Sweeteners				
Item #	Item Description	Size	Uom	Price
6908	ORGANIC AMBER AGAVE NECTAR - 17 OZ	17	OZ	\$ 4.23
6927	ERYTHRITOL PURE SWEETENER 1 LB	1	LB	\$ 7.19
6952	STEVIA GLYCERITE 2 OZ	2	OZ	\$ 7.19
6953	STEVIA GLYCERITE 8 OZ	8	OZ	\$ 17.59
6966	DARK CHOCOLATE LIQUID STEVIA 2 OZ	2	OZ	\$ 8.79
6979	FRENCH VANILLA LIQUID STEVIA 2 OZ	2	OZ	\$ 7.99
6981	HAZELNUT LIQUID STEVIA 2 OZ	2	OZ	\$ 8.79
Protein Powders				
Item #	Item Description	Size	Uom	Price
2040	EGGWHITE POWDER 1 LB	1	LB	\$ 14.39
2060	FERMENTED SOY PWD 1 LB	1	LB	\$ 15.99
2135	PEA PROTEIN 2 LBS	2	LB	\$ 19.99
2288	PRO GAINER CHOCOLATE 8 LB	8	LB	\$ 39.99
2289	PRO GAINER VANILLA 8 LB	8	LB	\$ 39.99
2169	BROWN RICE PROTEIN 2 LB	2	LB	\$ 15.99
2142	SOY PROTEIN VANILLA 2 LB	2	LB	\$ 21.59
2143	SOY PROTEIN CHOCOLATE 2 LB	2	LB	\$ 21.59
2150	SOY PROTEIN 1 LB	1	LB	\$ 9.59
2152	SOY PROTEIN 2 LB	2	LB	\$ 17.59
2154	SOY PROTEIN 15 LB	15	LB	\$ 87.99
2155	SOY PROTEIN PURE PWD 44LB PER BAG	44	LB	\$ 222.35
2156	SOY PROTEIN NON-GMO 1 LB	1	LB	\$ 10.39
2172	WHEY PROTEIN ISOLATE PURE 1 LB	1	LB	\$ 15.99
2174	WHEY PROTEIN ISOLATE PURE 5 LB	5	LB	\$ 59.99
2177	WHEY PROTEIN ISOLATE PURE 10 LB	10	LB	\$ 103.99
2160	WHEY PROTEIN ISOLATE VANILLA 2 LB	2	LB	\$ 28.79
2159	WHEY PROTEIN ISOLATE VANILLA 5 LB	5	LB	\$ 65.59
2149	WHEY PROTEIN ISOLATE VANILLA 10 LB	10	LB	\$ 111.99
2163	CHOCOLATE WHEY PROTEIN ISOLATE SAMPLE	1.5	OZ	\$ 1.49
2162	CHOCOLATE WHEY PROTEIN ISOLATE 2 LB	2	LB	\$ 28.79
2166	CHOCOLATE WHEY PROTEIN ISOLATE 5 LB	5	LB	\$ 65.59
2167	WHEY PROTEIN ISOLATE CHOCOLATE 10 LB	10	LB	\$ 111.99

Item #	Item Description	Size	Uom	Price
2165	WHEY PROTEIN STRAWBERRY SAMPLE 1.5 OZ	1.5	OZ	\$ 1.49
2164	WHEY PROTEIN ISOLATE STRAWBERRY 2 LBS	2	LB	\$ 28.79
2173	WHEY PROTEIN VAN W/GLUTAMINE 1 LB	1	LB	\$ 13.59
2175	WHEY PROTEIN VANI W/GLUTAMINE 2 LB	2	LB	\$ 25.59
2176	WHEY PROTEIN VANILLA 10 LB	10	LB	\$ 93.20
2180	WHEY PROTEIN CHOCOLATE 2 LB	2	LB	\$ 22.39
2182	WHEY PROTEIN CHOCOLATE ECON 5 LB	5	LB	\$ 43.99
2194	WHEY PROTEIN CHOCOLATE 10 LB	10	LB	\$ 79.99
2185	WHEY PROTEIN VANILLA ECONOMY 2 LB	2	LB	\$ 22.39
2186	WHEY PROTEIN VANILLA ECON 5 LB	5	LB	\$ 43.99
2195	WHEY PROTEIN VANILLA 10 LB	10	LB	\$ 79.99
2178	WHEY PROTEIN STRAWBERRY 2 LB	2	LB	\$ 22.39
2179	WHEY PROTEIN STRAWBERRY 5 LB	5	LB	\$ 43.99
2181	WHEY PROTEIN STRAWBERRY 10 LB	10	LB	\$ 79.99
Baking				
Item #	Item Description	Size	Uom	Price
2150	SOY PROTEIN 1 LB	1	LB	\$ 10.79
2152	SOY PROTEIN 2 LB	2	LB	\$ 19.79
2154	SOY PROTEIN 15 LB	15	LB	\$ 98.99
2040	EGGWHITE POWDER 1 LB	1	LB	\$ 16.19
2169	BROWN RICE PROTEIN 2 LB	2	LB	\$ 15.99
5975	PSYLLIUM HUSK POWDER 12 OZ.	12	OZ	\$ 6.39
5976	PSYLLIUM HUSK POWDER 12 LB.	12	LB	\$ 63.99
5980	PSYLLIUM HUSK WHOLE 12 OZ CANNISTER	12	OZ	\$ 6.39
5981	PSYLLIUM HUSK WHOLE 1 LB	1	LB	\$ 6.39
5982	PSYLLIUM HUSK WHOLE 24 OZ	24	OZ	\$ 11.99
5986	PSYLLIUM HUSK WHOLE 10 LB.	10	LB	\$ 53.32
5951	OAT BRAN NATURAL 14 OZ	14	OZ	\$ 1.99
5996	RICE BRAN 20 OZ	20	OZ	\$ 3.99
5931	WHEAT BRAN COARSE 12 OZ	12	OZ	\$ 1.79
6005	ALMOND FLOUR PURE 10 OZ	10	OZ	\$ 5.49
6130	ORGANIC RICE FLOUR BROWN 1 LB	1	LB	\$ 3.99
6199	XANTHAN GUM 6 OZ	6	OZ	\$ 8.99
6200	XANTHAN GUM 3 LB	3	LB	\$ 54.95
5040	GUAR GUM POWDER 8 OZ	8	OZ	\$ 5.99
6669	CAROB POWDER 12 OZ	12	OZ	\$ 4.49
6672	ORGANIC COCOA POWDER 12 OZ	12	OZ	\$ 6.49
6675	HOT COCOA ORGANIC MIX 24 OZ	2	LB	\$ 8.49
6050	GLUTEN FLOUR 1 LB VITAL WHEAT GLUTEN	1	LB	\$ 3.99
6552	GLUTEN FREE BAKING MIX 680 G	680	GM	\$ 5.99
6554	GLUTEN FREE BAKING W/STARCHLITE(TM) MIX 680 G	680	GM	\$ 7.49
6130	ORGANIC RICE FLOUR BROWN 1 LB	1	LB	\$ 3.99
6140	RICE FLOUR WHITE 2 LB	2	LB	\$ 3.49
6171	SOY POWDER FINE 22 OZ	22	OZ	\$ 3.99
6180	TAPIOCA FLOUR 12 OZ	12	OZ	\$ 2.29

Item #	Item Description	Size	Uom	Price
6185	TAPIOCA FLOUR 10 LB	10	LB	\$ 15.48
6550	ORGANIC WHEY TOO GOOD(TM) BROWNIE MIX 16 OZ	1	LB	\$ 4.99
6260	ORGANIC FLAX SEED 1 LB	1	LB	\$ 2.99
6258	ORGANIC FLAX SEED 2 LB	2	LB	\$ 5.49
6266	ORGANIC FLAX SEED MEAL 12 OZ	12	OZ	\$ 3.79
6256	ORGANIC FLAX MEAL (FIBER CAN) 18 OZ	18	OZ	\$ 6.49
6267	ORGANIC FLAX SEED MEAL 10 LB	10	LB	\$ 34.99
6301	OATS ROLLED 22 oz	22	OZ	\$ 2.99
6295	OATS STEEL CUT 2 LB	2	LB	\$ 3.49
5540	RICE BROWN LONG GRAIN NAT 2 LB	2	LB	\$ 3.29
5651	COCONUT FINE UNSW 10 OZ	10	OZ	\$ 2.49
5672	COCONUT MEDIUM UNSW 10 OZ	10	OZ	\$ 2.49
5675	ORGANIC - COCONUT SHRED, UNSWEET 10 OZ	10	OZ	\$ 3.29
Snacks				
Item #	Item Description	Size	Uom	Price
2291	ORGANIC - FIVACIOUS(TM) CHOCOLATE CHIP FIBER BAR CASE OF 12	1	PK	\$ 23.88
2293	ORGANIC - FIVACIOUS(TM) CINNAMON NUT FIBER BAR CASE OF 12	1	PK	\$ 23.88
7005	ALMONDS SHELLLED 1 LB	1	LB	\$ 6.49
7009	ALMONDS RSTD/SALTED 1 LB	1	LB	\$ 6.99
7012	BRAZIL NUTS, RAW 12OZ	12	OZ	\$ 6.49
7095	CASHEWS RAW 12 OZ	12	OZ	\$ 6.49
7096	CASHEWS, RAW ORGANIC 12 OZ	12	OZ	\$ 7.49
7090	CASHEWS ROASTED & SALTED 12 oz	12	OZ	\$ 6.49
7018	MACADAMIA NUTS R&S 12 OZ	12	OZ	\$ 6.49
7001	PECANS RAW 12 OZ	12	OZ	\$ 7.99
7015	PINE NUTS CHINESE 8 OZ	8	OZ	\$ 9.99
7021	PISTACHIOS SALT 12 OZ	12	OZ	\$ 5.49
7025	PUMPKIN SEED RAW 1 LB	1	LB	\$ 4.99
7030	RAW ENERGY NUT MIX 1 LB	1	LB	\$ 6.49
7035	SESAME SEED HULLED 1 LB	1	LB	\$ 5.49
7050	SUNFLOWER SEEDS HULLED RAW 1 LB	1	LB	\$ 2.99
7052	SUNFLOWER SEEDS RAW ORGANIC 16 OZ	16	OZ	\$ 3.49
7054	SUNFLOWER SEEDS RSTD/SLTD 1 LB	1	LB	\$ 3.99
7056	SUNFLOWER SEEDS RSTD/UNSALTED 1 LB	1	LB	\$ 3.99
7073	WALNUTS 12 OZ	12	OZ	\$ 8.99
7074	WALNUTS RAW ORGANIC 12 OZ	12	OZ	\$ 9.99
7011	ALMOND CRUNCH 5.5 OZ	6	OZ	\$ 4.49
7091	CASHEW CRUNCH 5.5 OZ	6	OZ	\$ 4.49
7024	PUMPKIN SEED CRUNCH 5.5 OZ	6	OZ	\$ 4.49
6731	Corn Off the Cob 4 oz	4	OZ	\$ 3.49
6732	Corn Off the Cob S&B Flavor 4 oz	4	OZ	\$ 4.49
6738	ORIENTAL RICE SNACKS 6 OZ	6	OZ	\$ 2.29
6717	SESAME STICKS CAJUN 9 OZ	9	OZ	\$ 2.99
6724	SESAME STICKS GARLIC 9 OZ	9	OZ	\$ 2.99
6759	SESAME STICKS WW SALTED 9 OZ	9	OZ	\$ 2.99

Item #	Item Description	Size	Uom	Price
<b>Green Foods</b>				
Item #	Item Description	Size	Uom	Price
2623	BLUE-GREEN ALGAE 500mg 90 VCAP	90	VCAPS	\$ 17.59
2705	GREEN PHYTOFOODS POWDER 10 OZ	10	OZ	\$ 25.59
2707	GREEN PHYTOFOODS 1000MG 90 TABS	90	TABS	\$ 11.19
2675	KELP CAPS 250 VCAPS	250	CAPS	\$ 8.79
2710	ORGANIC WHEAT GRASS POWDER 9oz	9	OZ	\$ 15.99
<b>Womens Specialty Formulas</b>				
Item #	Item Description	Size	Uom	Price
3295	FEMALE BALANCE(TM) 90 CAPS	90	CAPS	\$ 12.79
3325	MENOPAUSE SUPPORT 90 CAPS	90	CAPS	\$ 12.79
<b>Detox Support</b>				
Item #	Item Description	Size	Uom	Price
3281	DETOX SUPPORT(TM) 90 VCAPS	90	CAPS	\$ 13.59
2454	EASY CLEANSE(TM) KIT	1	PK	\$ 17.59
2448	DR V LIVER DETOX 90 CAPS	90	CAPS	\$ 17.59
2449	DR V LIVER DETOX 180 CAPS	180	CAPS	\$ 31.99
<b>Creams and Treatments</b>				
Item #	Item Description	Size	Uom	Price
3367	WRINKLE RESCUE(TM) CAPS 60 CAPS	60	CAPS	\$ 11.99
3326	ENERGY - METABOLIC DIET 90 CAPS	90	CAPS	\$ 12.79
3331	ENERGY - TWINPACK 2/90 CAPS	90	TWIN	\$ 20.79
3333	MEGA HOODIA 250MG CONCENTRATE 60 VCAPS	60	VCAPS	\$ 17.59
3335	MEGA HOODIA 250MG 120 VCAPS	120	VCAPS	\$ 31.99
3337	TRU HOODIA COMPLEX(TM) 120 VCAPS	120	VCAPS	\$ 31.99
3365	WRINKLE RESCUE(TM) 2 OZ	2	OZ	\$ 11.99
4622	KOOL-MINT CAYENNE 400mg 90 CAPS	90	CAPS	\$ 6.99
4625	CAYENNE 500mg 100 CAPS	100	CAPS	\$ 6.99
4627	CAYENNE 500mg 250 CAPS	250	CAPS	\$ 11.19
4704	EGCG 400MG 50% 90 VCAPS	90	VCAPS	\$ 11.99
4779	YERBA MATE 500MG 100 VCAPS	100	VCAPS	\$ 12.79
4805	ACAI PLUS JUICE BLEND 32 OZ	32	OZ	\$ 15.99
7781	HA Night Wrinkle Remedy 2 oz tube	2	OZ	\$ 15.19
7788	HA FIRMLING SERUM 1 OZ	1	OZ	\$ 15.99
8110	COQ10 AGE-DEFYING SERUM 1 FL OZ	1	OZ	\$ 15.99
<b>Probiotics</b>				
Item #	Item Description	Size	Uom	Price
2905	ACIDOPHILUS 2 BILLION 100 CAPS	100	CAPS	\$ 8.99
2907	ACIDOPHILUS 2 BILL 250 CAPS	250	CAPS	\$ 15.19
2911	GR 8 DOPHILUS(TM) -TWINS 2/60 VCAPS	60	VCAPS	\$ 23.19
2912	GR 8 DOPHILUS(TM) - ENTERIC COATED 60 VCAPS	60	VCAPS	\$ 14.39
2930	ACIDOPH/BIFIDUS 8 BILLION 60 CAPS	60	CAPS	\$ 10.39
2932	ACIDOPH/BIFIDUS 8 BILLION 120 CAPS	120	CAPS	\$ 19.19
2925	ACIDOPHILUS 4 X 6 10 BIL/g 3 OZ	3	OZ	\$ 15.99

Item #	Item Description	Size	Uom	Price
Cookbook and Nutritional Guide				
Item #	Item Description	Size	Uom	Price
001	Cookbook and Nutritional Guide	1	Book	\$ 15.00